$^{\circ}$ $^{\circ}$ $^{\circ}$ $^{\circ}$ $^{\circ}$ $^{\circ}$ $^{\circ}$ RÉGIE RÉGIONALE DE LA NUNAVIK REGIONAL SANTÉ ET DES SERVICES BOARD OF HEALTH SOCIAUX DU NUNAVIK AND SOCIAL SERVICES

PUBLIC NOTICE

FOR IMMEDIATE DISTRIBUTION

AVIAN INFLUENZA: THE PRESENCE OF THE VIRUS IN QUEBEC

Kuujjuaq, April 5, 2022 - Since December 20, 2021, avian influenza has spread to wild birds in

several Canadian provinces. On April 4, 2022, the first three cases of avian influenza were

confirmed in Quebec.

Ducks and geese are known to be affected by avian influenza and with the spring migration

underway, the NRBHSS is asking Nunavimmiut to be vigilant for birds with symptoms.

Signs that a bird may have avian influenza include: nervousness, trembling or lack of coordination,

swelling around the head, neck and eyes, diarrhea or sudden death. Multiple dead birds in one

location is one of the signs of the presence of this virus.

The risk of transmission of avian influenza to humans from wild birds is very low. However, basic

measures are recommended for hunters and other bird handlers to reduce the risk of illness and

spread of the virus: wear gloves, wash hands with soap and warm water, clean clothing and

equipment.

The eating properly cooked waterfowl meat isn't a source of infection for humans.

If you notice any unusual death or illness in birds, contact Géraldine Gouin or Peter May at the

Nunavik Research Centre (819-964-2925).

If you feel very sick after handling a bird, contact your CLSC/Nursing station.

For further information: Avian Influenza

Source: information adapted from Wild birds and avian influenza - Handling guidelines,

Government of Canada.

The Nunavik Regional Board of Health and Social Services is a public agency created in 1978 under the James Bay and Northern Quebec Agreement. It is responsible for nearly the entire

Quebec territory located north of the 55th parallel in terms of the provision of health and social

services for the inhabitants of the 14 communities.

Source: Nunavik Regional Board of Health and Social Services

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